

R. AMANDA COOPER

University of Connecticut
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EDUCATION

University of Arizona, Tucson, AZ

Ph.D. in Communication, Summer 2023

Advisor: Dr. Chris Segrin

Committee members: Dr. Jake Harwood, Dr. Maggie Pitts

Dissertation title: Relational Investments, Stress Appraisals, and Calibration: Examining the Wellbeing and Resilience of Dementia Family Caregivers

University of Arizona, Tucson, AZ

Master of Arts in Communication, Spring 2020

Advisor: Dr. Maggie Pitts

Committee members: Dr. Jake Harwood, Dr. Patty Sias

Thesis title: Turbulence and Transformation: Caregiving Spouses' use of Communication in Managing and Sustaining Relationship Across the Prolonged Transition of Alzheimer's Disease and Related Dementias

Utah State University, Logan, UT

Bachelor of Science, Spring 2018

Graduated *Magna Cum Laude*

RESEARCH INTERESTS

Interpersonal, Health, and Family Communication
Communication and Aging
Relational Communication in Caregiving
Communication at the End of Life
Transitions Across the Lifespan

PEER REVIEWED JOURNAL ARTICLES

- Cooper, R. A., & Harwood, J. (2023).** Humanizing dementia: Effects of counter-stereotypical messages on patronizing speech toward people with a stigmatized health condition. *Health Communication*. <https://doi.org/10.1080/10410236.2023.2207281>
- Pitts, M. J., Fanari, A. **Cooper, R. A.,** Jiao, J., & Kim, S. (2023). The grounded model of communication savoring: Theory development and age cohort study. *American Journal of Qualitative Research*, 7(3), 139-159. <https://doi.org/10.29333/ajqr/13399>
- Segrin, C., **Cooper, R. A.,** Jiao, J. (2023). Neighborhood disadvantage has an indirect effect on problem drinking through increased psychological distress. *Psychology of Addictive Behaviors*. <https://doi.org/10.1037/adb0000911>
- Fanari, A., **Cooper, R. A.,** Dajches, L., Beck, G., Pitts, M. J. (2023). Transferable resilience practices: Communication and resilience of military spouses during the initial stages of the COVID-19 pandemic. *Journal of Family Communication*, 23(1). <https://doi.org/10.1080/15267431.2022.2149528>
- Cooper, R. A. & Segrin, C. (2022).** When goodbyes matter: The conditional relationship between final conversations and symptoms of depression. *Death Studies*, 47(5). <https://doi.org/10.1080/07481187.2022.2112319>
- Segrin, C., **Cooper, R. A. (2022).** Unique effects of psychological distress in victimization and perpetration of intimate partner violence. *Journal of Social and Clinical Psychology*, 41(4). <https://doi.org/10.1521/jscp.2022.41.4.398>
- Fanari, A., & **Cooper, R. A. (2022).** What's my purpose now? A qualitative inquiry into missionaries' experience and use of communication after first-time missionary service. *Journal of Communication and Religion*, 45(1), 25-42.
- Miller-Ott, A., **Cooper, R. A.,** Lobell, E. (2022). "It just shifted everything in our family dynamic:" Recalibration within the family system in response to Alzheimer's disease. *Journal of Family Communication*, 22(2), 156-174. <https://doi.org/10.1080/15267431.2022.2058947>
- Cooper, R. A.** Pitts, M. J., Harwood, J. (2022). "That's when the relationship shifted": Relational and communicative turning points in Alzheimer's disease and related dementias. *Personal Relationships*, 29(1), 217-235. <https://doi.org/10.1111/pere.12412>
- Cooper, R. A.** Pitts, M. J. (2022). Caregiving spouses' experiences of relational uncertainty and partner influence in the prolonged relational transition of Alzheimer's disease and related dementias. *Journal of Social and Personal Relationships*, 39(5), 1434-1459. <https://doi.org/10.1177/02654075211058084>
- Segrin, C., Jiao, J., & **Cooper, R. A. (2022).** Neighborhood disadvantage and mental health: Test of a parallel mediation model through social support and negative emotionality. *Health Communication*, 37(13). 1581–1589. <https://doi.org/10.1080/10410236.2021.1903733>
- Segrin, C., **Cooper, R. A. (2021).** The association between social adversity and alcohol consumption is moderated by social support. *International Journal of Stress Management*, 28(4), 283–294. <https://doi.org/10.1037/str0000233>

Cooper, R. A. (2021). "I am a caregiver": Sense-making and identity construction through online caregiving narratives. *Journal of Family Communication*, 21(2), 77-89.
<https://doi.org/10.1080/15267431.2021.1889554>

Scharp, K. M., **Cooper, R. A.**, Worwood, J. V., & Dorrance Hall, E. (2021) "There's always going to be uncertainty.": Exploring undergraduate student parents' sources of uncertainty and related management practices. *Communication Research*, 8(7),1-26.
<https://doi.org/10.1177/0093650220903872>

BOOK CHAPTERS

Segrin, C., **Cooper, R. A.** (in press). Neighborhood disadvantage and mental health. *Encyclopedia of mental health* (3rd Edition). Academic Press.

Harwood, J., & **Cooper, R. A.** (under review). Book chapter about (de)humanization and dementia. In Fisher, Fowler, Krieger, Pitts, Worthington, & Nussbaum (Eds.), *Health communication, language, and social action across the life span*. Peter Lang.

MANUSCRIPTS UNDER REVIEW

Cooper, R. A., Segrin, C. Jiao, J. (under review). The social process linking neighborhood social fragmentation and individual psychological distress. *British Journal of Health Psychology*.

Segrin, C., Jiao, J., **Cooper, R. A.**, & Kim, S. (under review). Consistency in parental reports of overparenting across four cultures. *Parenting*.

Cooper, R. A. & Segrin, C. (R&R). Pre-onset relational investments and dementia caregiver wellbeing: Comparing theorizing from the investment model and the theory of resilience and relational load. *Communication Monographs*.

Cooper, R. A. & Segrin, C. (R&R). "Learning to be in her reality" Calibration and resilience of dementia family caregivers. *Journal of Social and Personal Relationships*.

Segrin, C., Jiao, J., & **Cooper, R. A.** (R&R). Social isolation mediates the effects of negative emotionality and resilience on drinking to cope and drinking alone. *Substance Use & Misuse*.

WORKS IN PROGRESS

- Meyer, K., **Cooper, R. A.**, Lee, K., Shi, K., Knobloch, L. (preparing for submission). Relational uncertainty and interference within the social convoys of spousal caregivers to persons living with dementia.
- Beck, G., Pitts, M. J., **Cooper, R. A.**, Fanari, A. (preparing for submission). Bolstering military couple relational resilience through savoring: Applying the theory of resilience and relational load.
- Cooper, R. A.**, (preparing for submission). #PositiveAging: A Content Analysis of Positive Aging TikTok Videos.
- Cooper, R. A.**, Fanari, A. (preparing for submission). Religious missionaries' use of metaphor as a sense making device to manage uncertainty after returning from service.
- Wolfe, B., Alvarez, C., **Cooper, R. A.** (data analysis). Discourses on Motherhood RDT in Little Fires Everywhere.

CONFERENCE PRESENTATIONS

- Cooper, R. A.** & Segrin, C. (2024, April 2-7). "Learning to be in her Reality" Calibration and Resilience of Dementia Family Caregivers. Central State Communication Association (CSCA) conference held in Grand Rapids, MI, USA.
- Cooper, R. A.** & Segrin, C. (2024, April 2-7). Pre-onset Relational Investments and Dementia Caregiver Wellbeing: Comparing Theorizing from the Investment Model and the Theory of Resilience and Relational Load. Central State Communication Association (CSCA) conference held in Grand Rapids, MI, USA. *Top Paper Panel in the Interpersonal and Family Communication Interest Group.*
- Meyer, K., **Cooper, R. A.**, Lee, K., Shi, K., Knobloch, L. (2024, February 28-March 2). Transitions in Spousal Caregiving Relationships in Dementia Care: Application of Relational Uncertainty and Partner Interference Within Caregiver Social Conveys. To be presented at the Midwest Nursing Research Society (MNRS) Annual Research Conference held in Minneapolis, MN, USA.
- Beck, G., Fanari, A. **Cooper, R. A.**, & Pitts, M. J. (2023, November 15-19). Bolstering military couple relational resilience through savoring: Applying the theory of resilience and relational load. Presented at the National Communication Association (NCA) convention held in National Harbor, MD, USA.
- Cooper, R. A.** (2023, May 18-20). Family caregivers' experiences with dementia and resilience. Presented at the International Association of Relationship Research (IARR) mini conference held in Phoenix, AZ, USA.
- Cooper, R. A.** (2023, May 18-20). Individual and relational resilience of dementia family caregivers. Presented at the International Association of Relationship Research (IARR) mini conference held in Phoenix, AZ, USA.

- Cooper, R. A.**, & Harwood, J. (2023, March 29-April 2). Humanizing Dementia: Effects of Counter-Stereotypical Messages on Patronizing Speech toward People with a Stigmatized Health Condition. Presented at the Central State Communication Association (CSCA) conference held in St. Louis, MO, USA.
- Fanari, A., **Cooper, R. A.**, Dajches, L., Beck, G., Pitts, M. J. (2022, Nov. 17-20). Transferable resilience practices: Communication and resilience of military spouses during the initial stages of the COVID-19 pandemic. Presented at the National Communication Association (NCA) convention held in New Orleans, LA, USA.
- Cooper, R. A.**, Segrin, C. Jiao, J. (2022, Nov. 17-20). Social fragmentation and psychological distress in disadvantaged neighborhoods. Presented at the National Communication Association (NCA) convention held in New Orleans, LA, USA.
- Segrin, C., Jiao, J., **Cooper, R. A.**, & Kim, S. (2022, May 26-30). Consistency in parental reports of overparenting across four cultures. Presented at the International Communication Association (ICA) convention held in Paris, France.
- Miller-Ott, A., Lobell, E, **Cooper, R. A.** (2022, April 1-3). “It just shifted everything in our family dynamic:” Recalibration within the family system in response to Alzheimer’s disease. Presented at the Central State Communication Association (CSCA) conference held in Madison, WI, USA. *Awarded the Dawn O. Braithwaite Qualitative Research Award in the Interpersonal and Family Communication Interest Group.*
- Cooper, R. A.**, Pitts, M. J., & Harwood, J. (2021, November 18-21). “That’s when the relationship shifted”: Relational turning points in Alzheimer’s disease and related dementias. Presented at the National Communication Association (NCA) convention held in Seattle, WA, USA. *Top Paper Award in the Communication and Aging Division.*
- Fanari, A., & **Cooper, R. A.** (2021, November 18-21). Returning to Zion: The role of communication in missionaries’ readaptation after missionary service. Presented at the National Communication Association (NCA) convention held in Seattle, WA, USA.
- Segrin, C., Jiao, J., & **Cooper, R. A.** (2021, May 27-31). *Neighborhood Disadvantage and Mental Health: Test of a Parallel Mediation Model Through Social Support and Negative Emotionality.* Paper presented online asynchronously at the International Communication Association (ICA) Annual Conference.
- Beck, G., Pitts, M. J., **Cooper, R. A.**, & Fanari, A. (2021, May 27-31). The language and social psychology of resilience within the context of COVID-19 in military families. Paper presented asynchronously as part of “the language and social psychology of COVID management” Sponsored Panel at the 71st Annual Conference of the International Communication Association.
- Pitts, M. J., **Cooper, R. A.**, Dajches, L., Fanari, A., & Beck, G. (2021, May 27-31). *The language and social psychology of COVID management among military couples.* Paper presented online asynchronously at the International Communication Association (ICA) Annual Conference
- Cooper, R. A.** (2021, March 31-April 4). *Caregiving spouses’ experiences of relational uncertainty and partner influence in the prolonged relational transition of Alzheimer’s disease and related*

dementias. Central State Communication Association (CSCA) Conference held virtually due to COVID-19. *Top Student Paper Award Interpersonal and Family Communication Interest Group*.

Cooper, R. A. (2020, November 18-22). *In the wake of the silver tsunami: The Cultivation Effects of Catastrophic Aging Metaphors on Attitudes about Elder Care*. National Communication Association (NCA) Conference held virtually due to Covid-19.

Cooper, R. A. (2020, November 18-22). *In loving memory: The types and functions of funeral communication*. National Communication Association (NCA) Conference held virtually due to Covid-19. *Top Paper Award in Master's Education Division*.

Fanari, A., **Cooper, R. A.**, Kim, S., & Pitts, M. J. (2020, May 20-27). *Exploring the Language of Communication Savoring: A Comparison of Emerging and Mature adults*. International Communication Association (ICA) Conference held virtually due to Covid-19.

Pitts, M. J., **Cooper, R. A.**, Fanari, A., Jian, J., & Kim, S. (2019, November 14-17). *Positive Aging Through Communication Savoring: A Comparative Thematic Analysis of Communication Savoring Between Emerging and Older Adults*. National Communication Association 105th Annual Meeting, Baltimore, MD, United States.

Segrin, C., Kelly, R., Cooper, R. A., & Smith, A. (2019, November 14-17). *Indirect and moderating effects of intimate partner violence, substance use, and social support*. National Communication Association 105th Annual Meeting, Baltimore, MD, United States.

Pitts, M. J., Kim, S., Jiao, J., **Cooper, R. A.**, & Fanari, A. (2019, May 24-28). *Establishing relational and contextual boundaries for a new model of communication savoring*. International Communication Association Conference, Washington DC, United States.

Pitts, M. J., Kim, S., Jiao, J., Fanari, A., & **Cooper, R. A.** (2019, May 24-28). *Savoring as a language and social psychology construct: Cultural and lifespan perspectives*. International Communication Association Conference, Washington DC, United States.

Scharp, K. M., **Cooper, R. A.**, Worwood, J. V., & Dorrance Hall, E. (2019, April 3-7). *Undergraduate student parent uncertainties*. Central States Communication Conference, Omaha, Nebraska, United States. *Awarded the Dawn O. Braithwaite Qualitative Research Award*.

Cooper, R. A., & Williams, K. (2017, May). *"My totally awesome C-section": Exploring the performance of birthing narratives*. Languages, Philosophy, and Communication Studies Research Symposium, Utah State University, Logan, Utah. United States.

CONFERENCE PANELS

Navigating the Intersectional Possibilities of Mixed Method(s) Research in Interpersonal and Family Communication. (2024, April 2-7). Central State Communication Association (CSCA) conference held in Grand Rapids, MI, USA.

Pre-Conference: Communicated Narrative Sense-Making Theory: Exploring Freedom and Well-Being Through Storytelling. (2023, November 15-19). National Communication Association (NCA) convention held in National Harbor, MD, USA.

Examining the Promise and Possibilities of Mixed Methods Research in Interpersonal and Family Communication Research. (2023, March 30-April 1). Central State Communication Association (CSCA) conference held in St. Louis, MO, USA.

Navigating the Interpersonal and Family Communication Mentor-Mentee Relationship. (2023, March 30-April 1). Central State Communication Association (CSCA) conference held in St. Louis, MO, USA.

INVITED PRESENTATIONS

Relationship Change and Communication in Marriages Impacted by Dementia (January 2023). Invited speaker at the Banner Alzheimer's Institute Case Conference, Tucson, AZ.

Intergenerational Interactions as Intercultural Communication (September 2022). Guest Lecture in COMM 117 Intercultural Communication at the University of Arizona.

Turning Points in Marital Relationships Impacted by Alzheimer's Disease and Related Dementias (February 2022). Invited plenary speaker for the Third Annual International Dementia Webinar.

Relational Communication and Alzheimer's Disease (November 2020). Guest Lecture in COMM 417a Relational Communication at the University of Arizona.

Relational Communication in End-of-Life Care (February 2020). Guest Lecture, COMM 417a Relational Communication Course at the University of Arizona.

Effective Listening Training, Co-presented with Dr. Chris Segrin (August 2020). Training Psychology Peer Mentors in effective listening at the University of Arizona.

Effective Listening Training, Co-presented with Dr. Chris Segrin (August 2019). Training Psychology Peer Mentors in effective listening at the University of Arizona.

RESEARCH GRANTS & AWARDS

2023 – 2024 **Role:** Primary-Investigator (PI)

Key Personnel: Dr. Candi Nwakasi (Co-I), Dr. Keith Bellizzi (Co-I)

Source: UConn Office of the Vice President for Research; Research Excellence Program (REP)

Project Title: Exploring the Experiences and Wellbeing of Reluctant Caregivers of People Living with Dementia

Amount: \$48,229.59

Status: Applied

2023 – 2024 **Role:** Co-Investigator (Co-I)

Key Personnel: Dr. Elizabeth Hintz (PI), Rachel Tucker, Sarah Boateng (GAs)

Source: UConn College of Liberal Arts and Sciences Research Funding in Academic Themes

Project Title: A Pilot Study Assessing the Longitudinal Effects of Negative Patient-Clinician Interactions on Female Chronic Pain Patients

Amount: \$49,399.50

Status: Not funded

SBS Summer Dissertation Fellowship (Summer 2023), \$2774 awarded by the University of Arizona College of Social and Behavioral Sciences to support dissertation completion.

Research and Project Grant (Spring 2023), \$1500 awarded by the University of Arizona Graduate and Professional Student Council to fund my dissertation research.

Alzheimer's Prevention Registry AAC Scholarship (Spring 2023), \$1000 awarded by the Banner Alzheimer's Institute to cover fees for advertising a research opportunity through the Alzheimer's Prevention Registry.

Research and Project Grant (Spring 2021), \$1500 awarded by the University of Arizona Graduate and Professional Student Council to fund a project exploring the effects of final conversations on bereavement outcomes.

Professional Development and Travel Funds (Fall 2020), \$576 awarded by the University of Arizona Communication Department to partially fund a project exploring the effects of final conversations on bereavement outcomes.

Research and Project Grant (Fall 2019), \$360 awarded by the University of Arizona Graduate and Professional Student Council to fund master's thesis research.

SCHOLARSHIPS & TRAVEL GRANTS

Departmental Travel Award (Spring 2023), \$575 awarded by the University of Arizona Department of Communication to fund travel to the Central States Communication Association annual conference.

Travel Grant (Fall 2022), \$697.14 awarded by the University of Arizona Graduate and Professional Student Council to facilitate travel to the National Communication Association annual conference.

Departmental Travel Award (Fall 2022), \$520 awarded by the University of Arizona Department of Communication to fund travel to the National Communication Association annual conference.

NCA Student Travel Grant (Fall 2022), \$200 awarded by the National Communication Association Student Caucus to facilitate travel to the National Communication Association annual conference.

Departmental Travel Award (Spring 2022), \$175 awarded by the University of Arizona Department of Communication to fund travel to the Central States Communication Association annual conference.

NCA Student Travel Grant (Fall 2021), \$300 awarded by the National Communication Association Student Caucus to facilitate travel to the National Communication Association annual conference.

Departmental Travel Award (Fall 2021), \$500 awarded by the University of Arizona Department of Communication to fund travel to the National Communication Association annual conference.

University of Arizona Graduate Access Fellowship (Fall 2020), \$8000 awarded by the University of Arizona Graduate College.

Organization Travel Grant (Fall 2019), \$120 to each student member of the Association of Graduate Students in Communication awarded by the Associated Students of University of Arizona to facilitate travel to the National Communication Association annual conference.

NCA Student Travel Grant (Fall 2019), \$170 awarded by the National Communication Association Student Caucus to facilitate travel to the National Communication Association annual conference.

Professional Development and Travel Funds (Fall 2019), \$895 awarded by the University of Arizona Communication Department to facilitate travel to academic conferences and professional development.

Professional Development and Travel Funds (Fall 2018), \$747 awarded by the University of Arizona Communication Department to facilitate travel to academic conferences and professional development.

Travel Grant (Fall 2017), Awarded the Family Communication Lab at Utah State University to facilitate travel to the National Communication Association annual conference.

Harold J. Kinzer Excellence in Communication Studies Scholarship (Spring 2017), Awarded by Utah State University Department of Languages, Philosophy, and Communication Studies.

College of Humanities and Social Science Academic Excellence Scholarship (Spring 2017), Awarded by Utah State University College of Humanities and Social Science.

Hubbard Family Scholarship (Fall 2015), Awarded by Utah State University College of Humanities and Social Science for high academic achievement.

Dean's Scholarship (2011-2014), Tuition and fees for two academic years awarded by Utah State University based on high school GPA and ACT scores.

AWARDS

Outstanding Dissertation Award (Fall 2023), Awarded by the National Communication Association Communication and Aging Division.

Outstanding Graduate Student Research Award (Fall 2022), Awarded by the National Communication Association Student Section.

Kory Floyd Graduate Fellowship in Interpersonal Relations (Fall 2022), \$1000 awarded by the University of Arizona Communication Department for research productivity in the area of interpersonal communication.

Dawn O. Braithwaite Qualitative Research Award (Spring 2022), Awarded by the Central States Communication Association Interpersonal and Family Communication Interest Group.

Kory Floyd Graduate Fellowship in Interpersonal Relations (Fall 2021), \$1200 awarded by the University of Arizona Communication Department for research productivity in the area of interpersonal communication.

Top Paper Award (Fall 2021), Awarded by the National Communication Association Communication and Aging Division.

Thesis Award (Spring 2021), Awarded by the International Communication Association Interpersonal Communication Division.

Top Student Paper Award (Spring 2021), Awarded by the Central States Communication Association Interpersonal and Family Communication Interest Group.

Thesis Award (Fall 2020), Awarded by the National Communication Association Communication and Aging Division.

Top Paper Award (Fall 2020), Awarded by the National Communication Association Master's Education Division.

Margaret Hickey Award & Scholarship (Fall 2020), \$600 awarded by University of Arizona Department of Communication for excellence in the classroom.

Dawn O. Braithwaite Qualitative Research Award (Spring 2019), Awarded by the Central States Communication Association Interpersonal and Family Communication Interest Group.

Communication Studies Student of the Year (Spring 2018), Awarded by Utah State University Department of Languages, Philosophy, and Communication Studies.

“A-Pin” Award (Spring 2015), Awarded by Utah State University Office of the Executive Vice President & Provost for academic excellence.

PUBLIC SCHOLARSHIP

Dementia Untangled Podcast (recorded Fall 2023, aired XX). Discussed research about relational turning points and communication for an episode on Season 9.

<https://www.bannerhealth.com/services/alzheimers/for-caregivers/resources-for-caregivers/dementia-untangled-podcast>

Military REACH newsletter (April 2023). Study about military family resilience featured in a newsletter distributed to military families and the Department of Defense's Office of Military Community and Family Policy, <https://militaryreach.auburn.edu/DetailResult?resourceid=ffe47596-b6ba-484f-94fb-40c33d9b2893&resType=resSum>.

Banner Alzheimer’s Institute Beacon Newsletter (February 2023). Post about changes to marital relationships.

ElderHealth at Home Blog Post (February 2023). Post about changes to marital relationships <https://elderhealthathome.com/love-wins-caregiving-for-a-spouse-with-dementia/>.

Dementia and Marital Transitions (January 2023). Presentation for the Alzheimer’s Association’s Navigating Memory Loss: Warning Signs, Diagnosis & Relationship Transitions (<https://youtu.be/PBKlurWRsnY>). Tucson, Arizona.

Communication Strategies and Family Relationships in Dementia (December 2022). Presentation for Brookdale Santa Catalina Senior Living. Tucson, Arizona.

Communication Strategies and Family Relationships in Dementia (December 2022). Presentation for the Tucson Medical Center for Seniors Community Education Seminar.

Sustaining Relationships in Dementia (November 2022). Presentation for residents at Atria Campana Del Rio, Active Living Community. Tucson, Arizona.

Relational Turbulence and Transition in Marriages Impacted by Dementia (November 2022). Presentation for practitioners with the Pima Council on Aging Dementia Capable Southern Arizona team.

Moments with a Milso Podcast Guest, Interview with Dr. Maggie Pitts’ research team about our research on relational resilience in military couples (October 2020).

Chatting with Betsy Podcast Guest, Interview about the findings of my thesis on Alzheimer’s disease and marital relationships on a podcast for individuals living with Alzheimer’s and their caregivers (July 2020).

PROFESSIONAL DEVELOPMENT IN RESEARCH

Member of Dr. Melissa Curran's Research Lab, University of Arizona	2020-2023
Research Assistant to Dr. Margaret Pitts, University of Arizona	2019-2020
Graduate Summer Writing Institute; UA Writing Skills Improvement Program	Summer 2019

PROFESSIONAL ASSOCIATIONS

National Communication Association (NCA)	2017-Present
Central States Communication Association (CSCA)	2018-Present
International Communication Association (ICA)	2021-Present
International Association for Relationship Research (IARR)	2022-Present
Association of Graduate Students in Communication (AGSC)	2018-2023
Southwestern Communication Association (SWCA)	2020-2021

TEACHING EXPERIENCE

University of Connecticut

Interpersonal Communication (COMM 2200) *In-person Lecture*

Fall 2023, Spring 2024 – 2 sections, Instructor of Record

University of Arizona

Relational Communication (COMM 417a) *In-person Lecture*

Spring 2023 – Instructor of Record

Family Communication (COMM 407) *Asynchronous Online*

Fall 2022 – Teaching Assistant

Nonverbal Communication (COMM 415) *Asynchronous Online*

Summer 2020, Summer 2021, Summer 2022 – Instructor of Record

Interpersonal Communication (COMM 114) *In-person Lecture*

Fall 2021, Spring 2022 – Instructor of Record

Small Group Communication (COMM 113) *Live Online (via Zoom)*

Fall 2020, Spring 2021 – Instructor of Record

Communication and Public Relations (COMM 415)

Summer 2019 – Instructor of Record *Asynchronous Online*

Fall 2018 – Teaching Assistant *In-person Lecture*

Life Span Communication (COMM 401) *In-person Lecture*

Spring 2019 – Teaching Assistant

Utah State University

Public Speaking *In-person Lecture with Labs*

Spring 2016-Spring 2018 – Teaching Assistant

Interpersonal Communication *In-person Lecture*

Fall 2017- Spring 2018 – Undergraduate Teaching Fellow

Organizational Communication and Nonprofits *In-person Lecture*

Fall 2017 – Undergraduate Teaching Fellow

PROFESSIONAL DEVELOPMENT IN TEACHING

Kaltura: Creating and Sharing Videos for Your Class; UConn Center for Excellence in Teaching and Learning (Spring 2024)

Online Teaching Boot Camp; UA Office of Instruction and Assessment (Spring 2020)

Teaching End of Life Communication; NCA Short Course 2019 Convention (November 2019)

Introduction to Teaching Online; UA Office of Instruction and Assessment (March 2019)

Effective Online Discussions; UA Office of Instruction and Assessment (January 2019)

SERVICE TO THE DISCIPLINE

Editorial Board Member

Journal of Social and Personal Relationships (January 2024-December 2024)

Journal of Social and Personal Relationships (January 2023-December 2023: 9 reviews)

Ranked in the top 50 reviewers for JSPP in 2023

Ad Hoc Journal Reviewer

Communication Monographs (2023: 1 reviews)

Journal of Applied Communication (2023: 1 reviews)

Family Relations (2022-2023: 3 reviews)

Journal of Social and Personal Relationships (2021-2022: 4 reviews)

Journal of Language and Social Psychology (2021; 2023: 3 reviews)

Paper Reader for Academic Conferences

National Communication Association, Family Communication Division (2021-2023)

National Communication Association, Communication and Aging Division (2020-2023)

Central States Communication Association, Interpersonal and Family Communication Interest Group (2020-2023)

Service Positions for Professional Associations

Early Career Representative, Family Communication Division, National Communication Association (2023-2024)

Vice Chair, Health Communication Interest Group, Central States Communication Association (2023-2024)

Proposal and Grant Manager, Death and Dying Division, Proposed as a new division in the National Communication Association (2022)

Panel Chair

2023 – Interpersonal and Family Interest Group, Central States Communication Association, conference held in St. Louis, Missouri, USA

2022 - Family Communication Division, National Communication Association, conference held in New Orleans, Louisiana, USA

2021 – Family Communication Division, National Communication Association, conference held in Seattle, Washington, USA

Convention Volunteer for Academic Conferences

2023 – Central States Communication Association, conference held in St. Louis, Missouri, USA

2023 – Positive Communication Network, conference help virtually via Zoom

2022 – National Communication Association, conference held in New Orleans, Louisiana, USA

2022 – Central States Communication Association, conference held in Madison, Wisconsin, USA

2021 – National Communication Association, conference held in Seattle, Washington, USA

2019 – National Communication Association, conference held in Baltimore, Maryland, USA

Editorial Assistant

Editorial Assistant for the *Journal of Language and Social Psychology* special issue entitled "International Conference on Language and Social Psychology (ICLASP16) Spotlight Issue" with guest editor, Dr. Maggie Pitts. (2019).

Editorial Assistant for Segrin, C., & Flora, J. (2018). *Family Communication* (3rd ed.). Routledge.

SERVICE TO THE DEPARTMENT/UNIVERSITY

Departmental Committees at University of Connecticut

PR Ad Hoc Committee (2023-2024)

DEI Ad Hoc Committee (2023-2024)

Secretary, Association of Graduate Students in Communication (2019-2023)

Senior Grant Reviewer, Graduate and Professional Student Council (2019-2022)

Grant Reviewer, Graduate and Professional Student Council (2018-2019)

Mentoring Chair, Association of Graduate Students in Communication (2018-2019)

SERVICE TO THE COMMUNITY

Prison Education Project, Arizona State Prison Complex (2019-2022)

RODS – Racing for Orphans with Down Syndrome, Salt Lake City, UT (2017-2018)

Meals on Wheels, Cache Valley, UT (2017-2018)

Cache Valley Senior Center, Logan, UT (2017-2018)

SEED Intern Mentor, Mentors International, Manila, Philippines (Sep. 2016-Dec. 2016)