

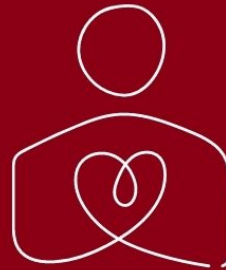
Married Couples' Use of

COMMUNICATION STRATEGIES

TO MAINTAIN CLOSENESS IN ALZHEIMER'S DISEASE

HOW SHOULD I RESPOND TO ALZHEIMER'S DISEASE?

- ♥ *Accept the reality of Alzheimer's disease*
- ♥ *Allow your spouse to help you*
- ♥ *Be willing to help where you can*
- ♥ *Express appreciation*



THE PERSON WITH DEMENTIA

HOW SHOULD I RESPOND TO ALZHEIMER'S DISEASE?



THE CAREGIVING SPOUSE

- ♥ *Avoid bringing attention to symptoms*
- ♥ *Think about caregiving as expressing love*
- ♥ *Be flexible and patient with your spouse*
- ♥ *Avoid unnecessary confrontation*

HOW SHOULD WE RESPOND TO ALZHEIMER'S DISEASE?

- ♥ *Be kind and patient*
- ♥ *Find activities you can enjoy together*
- ♥ *Have open and intimate conversations*
- ♥ *Express love often*



THE COUPLE

QUESTIONS?

Contact R. Amanda Cooper M.A.
ramandacooper@arizona.edu